

Where is your foundation?

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"Therefore whoever hears these sayings of Mine, and does them, I will liken him to a wise man who built his house on the rock."

— Matthew 7:24 (NKJV)

Before you begin, take a breath. This is not a test. There are no wrong answers here — only honest ones. God already knows what is in your heart, and He is not waiting with judgment. He is waiting with love. These prompts are simply an invitation to bring what is real to the One who already sees it and treasures you completely. Open your heart freely. Write what is true, not what sounds good. This is between you and a God who calls you His own.

REFLECTION PROMPTS

01 Right now, what is my peace most dependent on?

02 When things feel unstable, where do I instinctively turn first?

03 What would change if Christ truly was my foundation — not just in belief, but in daily practice?

04 One honest thing I want to bring to God today:

You don't have to have it all figured out. You just have to bring it to Him.